

Physical Requirements for Travelers with Dancer Avenue Studio

Touring may be physically demanding! Although travel is usually fun and relaxing, there may be times when you will need to take care of yourself.

Travel in Europe isn't quite the same as it is in the U.S. We have made arrangements for minibus or motor coach transfers to and from the airport, but some locations do not provide baggage handlers. Also, some hotels do not have porters.

Among other things — you'll need to happily...

1. Transport your luggage on connecting flights.
2. Carry your own luggage from curbside to hotel room.
3. Stand and walk over uneven surfaces for up to 3 hours while sightseeing.
4. Sleep with weak or no air-conditioning in some hotels.
5. During free time, be able to navigate around trails, towns and cities on your own.
6. Be prepared for weather changes from one city to another.
7. Handle steep walks and long castle stairs.